



THE CATHOLIC COMMUNITY OF NORTH HARBOUR

Worshipping Communities of Allambie Heights, Balgowlah, Balgowlah Heights, Brookvale, Clontarf, Manly Vale, North Balgowlah, Seaforth and parts of Beacon Hill and North Manly

Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay



**15
JUNE
2025**
YEAR C

Want to receive the bulletin via e-mail? Email comms@nhcatholic.org.au



THE MOST HOLY TRINITY

"He will glorify me, because he will take from what is mine
and declare it to you." - Jn 16:14

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

1ST READING

Proverbs 8:22-31

Wisdom is begotten of God.

RESPONSORIAL PSALM

Psalm 8:4-9. R. v.2

*O Lord, our God, how wonderful your name
in all the earth!*

2ND READING

Romans 5:1-5

We boast of our hope and afflictions.

GOSPEL ACCLAMATION

See Apocalypse 1:8

Alleluia, alleluia!

*Glory to the Father, the Son,
and the Holy Spirit:*

*to God who is, who was, and who is to come.
Alleluia!*

GOSPEL

John 16:12-15

The Spirit will guide the Apostles to all truth.

MASS & LITURGY TIMES

CHURCH OF ST. CECILIA

Wanganella St and White St, Balgowlah 2093

MASS:

Wednesday, 9am

Sunday, 9am

BAPTISM:

Sunday, 10.30am

1st Sundays of the month (within the 9am Mass)

*Baptism Preparation is required for first baptisms.
Contact Parish Office for more details. Thank you.*

RECONCILIATION:

Saturday, 5.00 to 5.45pm

Church of St. Kieran

YOUTH MASS:

2nd Sundays of the month
during the school term.

WEDDING:

Require six months notice and
include Pre-Marriage Course as
part of the preparation.

CHURCH OF ST. KIERAN

2 King Street, Manly Vale 2093

MASS:

Monday, Tuesday, Thursday, Friday*, Saturday,
8.30am

Saturday (Vigil), 5.30pm

Sunday, 7.30am, 9.30am, 5pm

** Adoration to the Blessed Sacrament after Mass
on Fridays.*

BAPTISM:

Sunday, 11.30am

1st Sundays of the month (within the 9.30am Mass)

*Baptism Preparation is required for first baptisms.
Contact Parish Office for more details. Thank you.*

In the spirit of reconciliation the Catholic Community of North Harbour acknowledges the Traditional Custodians of these lands on which we gather.
We recognise their continuing connection to the lands and waterways and pay our respect to their elders past and present
and extend that respect to all First Nations people in our community.



WELCOME TO NORTH HARBOUR

- YOU ARE INVITED
- JOIN US IN OUR VARIED CELEBRATIONS & ACTIVITIES
- CONSIDER SHARING YOUR GIFTS TO US

GET IN TOUCH



OFFICE@NHCATHOLIC.ORG.AU

2 KING STREET, MANLY VALE 2093 NSW

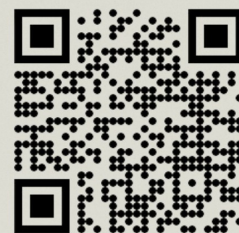


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WHY DO WE DO THAT? Catholic Life Explained

Question:

I accept on faith that God is a Trinity of Persons, and I know it's something we can't fully understand. Should I just accept that, or should I try to learn more?

Answer:

There's a legend from the life of St. Augustine. As the early Church grappled with the identity of Christ and his relation to the other Persons in the Trinity, the holy theologian wrote a book about the Trinity. The story goes that, while he worked on the piece, he took a break to walk along the seashore. He came upon a small boy who had dug a hole in the sand. He was carrying a bucket, which he'd fill up with seawater and pour into the hole. Back and forth he walked. St. Augustine gently chided the young boy, "*You can't pour the whole ocean into that hole.*" The boy responded, "*And you cannot fit the whole Trinity into your mind.*"

The Trinity is a mystery! Our finite mind can't comprehend the infinite God. Of course, the lesson isn't about giving up trying to understand God. St. Augustine did write that treatise, after all. The hunger to know more about God is good. We can read books about the Trinity or about the fatherly love of God, the life of Christ, and the movement of the Holy Spirit in our lives. More than that, we can deepen our life of prayer. The heart of our Trinitarian teaching is "God is love." The Three Persons are an infinite relation of love between one another. Real understanding of that comes less through our heads but through our hearts. ©LPi

LETTER FROM BISHOP ANTHONY RANDAZZO TO THE CLERGY AND PEOPLE OF BROKEN BAY FOR THE SOLEMNITY OF THE MOST HOLY BODY AND BLOOD OF CHRIST IN THE HOLY YEAR OF HOPE, 2025

"The Gospel Is the Body of Christ": A Call to Participation in the Eucharist

Each Sunday, we gather at the altar as one Body in Christ, drawn into the divine mystery where heaven touches earth. We hear the Word proclaimed, we offer our prayers, and we receive the Body and Blood of our Lord Jesus Christ. Yet amid the sacredness of the liturgy, a question stirs our hearts: Are we truly participating in the Eucharist, or merely present?

Saint Jerome, one of the greatest biblical scholars of the Church, offers us a striking reflection that pierces through routine and indifference. In his Commentary on the Psalms, he writes: "For me, the Gospel is the Body of Christ; for me, the holy Scriptures are his teaching. And when he says: whoever does not eat my flesh and drink my blood (Jn 6:53), even though these words can also be understood of the [Eucharistic] Mystery, Christ's body and blood are really the word of Scripture, God's teaching. When we approach the [Eucharistic] Mystery, if a crumb falls to the ground we are troubled. Yet when we are listening to the word of God, and God's Word and Christ's flesh and blood are being poured into our ears yet we pay no heed, what great peril should we not feel?" (cf. Homily 74 on Psalm 147)

Saint Jerome's words bring us face to face with the gravity and beauty of the Eucharist, not only as a sacrament received at the altar but also as a mystery proclaimed in the Word of God. At the celebration of the Mass, both the Liturgy of the Word and the Liturgy of the Eucharist are essential to our communion

with Christ. Together, they form one act of worship that draws us into the Paschal Mystery.

The Word as Flesh

In our Eucharistic celebrations, we sometimes unconsciously separate "hearing" from "receiving." We may sit passively through the readings, waiting for the moment of Communion, forgetting that Christ is already coming to meet us in the Scriptures. Saint Jerome reminds us that when the Gospel is proclaimed, it is not merely a story or lesson, it is the living Christ speaking to His people. His Word, like His flesh, nourishes and transforms.

When we listen attentively to Scripture, we open our hearts to conversion. Jesus told Satan in the desert, "One does not live by bread alone, but by every word that comes from the mouth of God." (Matthew 4:4). At Mass, we receive that Word from the mouth of God, poured into our ears, as Jerome says. If we approach the altar with reverence for the consecrated host, how much more should we approach the readings with attentiveness and humility, prepared, and receptive?

Reverence Beyond Ritual

We are rightly distressed if a host is dropped or a chalice spilled. We genuflect, we kneel, we silence our mobile phones. But what of our interior disposition? Saint Jerome's challenge is clear: we should be no less reverent when the Word is proclaimed.

If we allow our minds to wander or dismiss the homily as unimportant, we may be ignoring the voice of Christ calling to us.

The Church teaches that when the Scriptures are read in the Church, God himself speaks to his people (cf. Dei Verbum, 21). Participation in the Mass begins with listening deeply, with ears, heart, and will. This is not a passive act, but one that demands intention and openness. Reverence for the Eucharist is not limited to our actions at Communion, it begins the moment we leave our homes setting off towards the church, when we greet our brothers and sisters even in the car park, when we enter the church building, in our singing, in our silence, and it continues through every part of the liturgy.

Participation as Transformation

The Bishops gathered at the Second Vatican Council (1962-65) emphasized the need for “fully conscious, and active participation” in liturgical celebrations (cf. Sacrosanctum Concilium, 14). This is more than physical presence or everyone ‘doing something’ during the liturgy. It is the act of allowing ourselves to be drawn into the life of Christ. We bring our lives, our often-unseen joys, our sorrows, and we lay them on the altar in the visible gifts of bread and wine. We are not spectators of a sacred drama; we are participants in a divine offering.

Each time we participate in the celebration of the Mass, we are invited into a deeper union with the Blessed Trinity, through the life, passion, death, and resurrection of Jesus. This union is not only sacramental but also scriptural. The Word prepares our hearts to recognize Him “in the breaking of the bread” (Luke 24:35). In the encounter with the Word, we are pierced like those who heard Peter’s preaching at Pentecost: “they were cut to the heart” (Acts 2:37). Only then can we truly approach the altar of the Lord, changed and

ready to be nourished by His real Presence.

A Eucharistic Life

Our participation in the Eucharist must extend beyond the walls of the church building. If we are truly nourished by the Body and Blood of Christ, both in Word and Sacrament, we are sent forth to live Eucharistic lives. We become, as Saint Augustine says, what we receive: the Body of Christ in the world (cf. Easter Sermon 227). The same reverence and attentiveness we show at Mass shapes our daily lives, in how we think, how we speak, how we serve, how we love, how we forgive. When the liturgy concludes, we are not dismissed from worship but sent to continue it: “Go in peace, glorifying the Lord by your life.” We carry within us the Word we have heard and the Lord we have received. Active participation is not an obligation to be met, but a grace to be lived.

Heeding the Word of God, Honouring the Blessed Sacrament

Saint Jerome’s exhortation is as timely today as it was in the early Church. We are always at risk of becoming too comfortable, too casual, with the sacred. Yet the Eucharist is no ordinary meal, and the Scriptures are no ordinary words. They are Jesus Christ himself, speaking and giving himself to us. Let us approach every Mass with renewed reverence, not only for the consecrated bread and wine, but for the Word that is Christ’s own flesh poured into our ears. May we never treat casually what God offers so lovingly. And may our participation in the Eucharist, in both Word and Sacrament, be fully conscious, and life-changing.

+ Anthony Randazzo

Most Rev Anthony Randazzo DD JCL
Bishop of Broken Bay

PASTORAL CARE FOR THE HOMEBOUND

Our clergy and pastoral care ministers bring the sacraments of Eucharist, reconciliation, and anointing of the sick to parishioners who are unable to participate because of illness or aging. For more information and to arrange receiving the sacraments, contact Parish Office.

SICK CALLS AND OTHER URGENT MATTERS

If you need a priest urgently, please call the appropriate number:

BUSINESS HOURS:
PARISH OFFICE—9949 4455

AFTER HOURS:
(Evenings & Weekends)
0490 898 464



Hamish Hendrick Kelly
Son of Scott and Laura

PRAY FOR THOSE IN OUR COMMUNITY:

SICK:

Judith D’Elmaine, Odette James, Greg Hyde, Joyce Arnold,
Peter and Jan Van de Velde, Cecilia Yeung, Erroll Abbott

RECENTLY DECEASED:

Harriet Robarts, Janice McFarland, Fiore Cavalletto, Judit Gabor,
Giuseppina Spina, Margaret Saul, Pierina Villella, Ida Gigliotti, Michael Wade

ANNIVERSARIES:

Robert Bell, Marge Dunn, Lily Kelly,
Amelia Barbosa Guimaraes, Alaerte Vaz

Our community would love to pray for you.
If you have an intention you would like to be included in this bulletin please e-mail
office@nhcatholic.org.au

Congratulations TO OUR First Communion CANDIDATES!



Congratulations TO OUR CHILDREN RECEIVING BAPTISM THIS SUNDAY!



Caden S.	Cleo R.
Emmeline S.	Amelia W.
Hunter K.	Isabella W.
Tobias B.	Robert W.
Aria F.	Hans B.
Charlotte T-F.	Alfred P.
Oliver T-F.	Leonard P.
Lennox R.	Buddy K.
	Aliya S.

RECONCILIATION

a sacrament of healing

ST KIERAN'S CHURCH

EVERY SATURDAY

5-5:30PM

AUGUSTINIAN FORMATION ASSOCIATION



19. 07. 25

CHRISTMAS
in
JULY

PARISH CENTRE
7:00 FOR 7:30PM

A traditional Christmas
Dinner | festive music
raffle and lucky door prize

\$60pp, BYO drinks
Book a table of 8 OR
join a table

TICKETS LIMITED | RSVP BY JULY 10

Cash payments at Parish Office or
Direct deposit to:

AFA Account

BSB: 032190

ACC: 105386

REF: July Xmas

Contact: **Honorine** (hjarkey@gmail.com)
or **Adriana** (albowyer@bigpond.com)

AUGUSTINIAN
FORMATION APPEAL



FORMING THE NEXT GENERATION OF
AUGUSTINIANS



Support the young men of the Australasian province who are listening to God's call and discerning their vocation to religious life in our Augustinian houses in Sydney, Vietnam, the Philippines, and Italy. This is only possible through your prayers, encouragement and financial support.

Donate before the end of financial year
to claim a tax deduction.

THANK YOU FOR YOUR GENEROSITY



More information

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What is social justice?

Social justice is the pursuit of fairness and dignity for all people, ensuring the common good and protecting the vulnerable. It is rooted in love and action.

JOIN US

Monday, 16 June
7-8PM

Parish Centre

Join Fr John and form a social justice group. We will discuss *Rerum Novarum*, the Church's first major social encyclical, written by Pope Leo XIII in 1891.



Scan the QR code to read *Rerum Novarum* and prepare for the meeting. We look forward to seeing you there!

BOOK LAUNCH

LEO XIV - AN APOSTLE OF PEACE

by SAMUEL PRUVOT

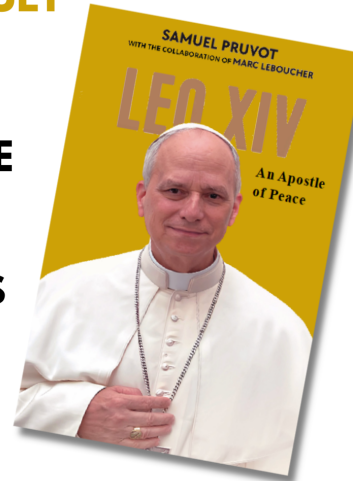
with an introduction by FR TONY BANKS OSA

SATURDAY, 12 JULY

3:30PM

ST KIERAN'S
PARISH CENTRE

OSA SPEAKER:
FR PETER JONES



RSVP: 9 JULY

to hdregan@atf.org.au

The Catenians in our parish gather to share friendship and faith. They recently enjoyed a lively dinner with Fr Tan.



If you would like to learn more or are interested in joining, please contact the Parish Office.



ST VINCENT DE PAUL SOCIETY

Cheese, Cheers and COMMUNITY

CELEBRATING THOSE WHO
HELP US HELP OTHERS

20 JUNE, 5:30PM - 7PM
PARISH CENTRE

COME AND HEAR HOW
YOUR CONTRIBUTIONS
MAKE A DIFFERENCE!



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CATHOLIC ARCHDIOCESE OF SYDNEY
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CATHOLIC DIOCESE OF BROKEN BAY

TRI-DIOCESAN SOCIAL JUSTICE EVENING 2025

focusing on the **Social Justice Statement 2024-25**
Truth & Peace - A Gospel Word in a Violent World

SAVE THE DATE:
WEDNESDAY 25 JUNE 2025
6:00PM - 9:00PM
ST MONICA'S PARISH HALL,
8 DAKING ST, NORTH PARRAMATTA

K	Q	Y	K	O	H	L	B	H	E	A	R	D	Y	J
F	S	O	C	R	X	R	H	J	P	E	W	R	F	H
C	H	I	O	J	G	A	O	B	L	C	P	N	Z	G
F	U	L	L	T	S	J	C	L	Y	T	N	S	J	O
V	F	P	E	E	W	V	V	C	F	G	M	B	V	W
N	K	F	N	Q	B	D	I	T	I	E	K	V	N	I
R	Y	V	H	I	G	F	M	Z	Z	U	J	V	I	V
Y	W	G	O	U	N	D	E	R	S	T	A	N	D	G
K	W	T	R	U	T	H	V	Y	F	M	I	N	E	U
Q	I	M	M	N	Z	V	O	B	X	N	G	M	C	I
M	N	V	V	D	M	E	S	S	A	G	E	I	T	D
I	M	W	O	S	W	G	J	Z	C	D	E	U	H	E
G	L	O	R	Y	S	G	S	P	E	A	K	T	M	Y
B	X	Z	T	A	K	I	N	G	B	R	I	N	G	Z
Y	U	V	M	U	C	H	D	T	D	G	Y	S	N	N

WORD SEARCH

The Spirit brings glory to Christ and the Father

TRY TO FIND THESE WORDS:

bring
full
glory
guide
heard
message
mine
much
speak
taking
truth
understand

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Sharing the Gospel

When you are choosing what to do, the Holy Spirit will help you make a good decision. If you are tempted to do wrong, the Holy Spirit will make you stronger, more powerful, and wiser than you could ever imagine. The Spirit will get you out of a bad situation. With help, you will say, "No," to evil ways and "Yes," to the will of God, your heavenly Father.

Prayer

Holy Spirit, teach me right from wrong. Help me find the true pathway to heaven.

Mission

I will ask the Holy Spirit to help find all children who are lost.

©LPi

Promoting a safer *Church*

The care and protection of children, young people and adults involved in Church activities is the responsibility of everyone who participates in the LIFE of the Church.

SAFEGUARDING
is everyone's responsibility



COLOR

Read the Gospel of the week and color the image.





*O food and bread of angels, the angels take their fill of You.
They are satisfied by You but never tire of You.*
Sermon 196, 13
- St. Augustine of Hippo

NEXT WEEKEND (22 JUNE 2025): THE MOST HOLY BODY & BLOOD OF CHRIST, YEAR C

1ST READING

Genesis 14:18-20
Melchizedek blesses Abram.

RESPONSORIAL PSALM

Ps 109:1-4. R. v.4
*You are a priest for ever, in the
line of Melchizedek.*

2ND READING

1 Corinthians 11:23-26
*When you eat the bread and
drink of the cup you proclaim
the death of the Lord.*

GOSPEL ACCLAMATION

John 6:51-52
Alleluia, alleluia!
*I am the living bread from
heaven, says the Lord;
whoever eats this bread will
live for ever. Alleluia!*

GOSPEL

Luke 9:11-17
Jesus feeds the five thousand.

21 JUNE, 5.30PM
ST KIERAN'S

Senior Server
Louise

Readers
Ronda
Val

Music
Parish Choir

Communion Min
Volunteer needed

Powerpoint
Volunteer needed

Welcomers
Volunteers needed

22 JUNE, 7.30AM
ST KIERAN'S

Senior Server
Anna

Readers
Lea
Tim

Music
None

Communion Min
Volunteer needed

Powerpoint
Volunteer needed

Welcomers
Volunteers needed

22 JUNE, 9AM
ST CECILIA'S

Senior Server
Antoinette

Readers
Sacha
Amy
Christine

Music
Love thy Ngrbr

Communion Min
Volunteer needed

Powerpoint
Volunteer needed

Welcomers
Volunteers needed

22 JUNE, 9.30AM
ST KIERAN'S

Senior Server
Joseph

Readers
Kaye
Anne

Music
TBD

Communion Min
Volunteer needed

Powerpoint
Volunteer needed

Welcomers
Volunteers needed

22 JUNE, 5PM
ST KIERAN'S

Senior Server
Michael

Readers
Leanne
Christine

Music
TBD

Communion Min
Volunteer needed

Powerpoint
Volunteer needed

Welcomers
Volunteers needed

OBSERVANCES FOR THE WEEK OF 15 JUNE

Mon 16 June: Monday of the 11th Week in Ordinary Time, Year 1

Tue 17 June: Tuesday of the 11th Week in Ordinary Time, Year 1

Wed 18 June: Wednesday of the 11th Week in Ordinary Time, Year 1

Thu 19 June: Thursday of the 11th Week in Ordinary Time, Year 1

Fri 20 June: Friday of the 11th Week in Ordinary Time, Year 1

Sat 21 June: St Aloysius Gonzaga, religious

The Catholic Community of North Harbour

Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay www.bbcatholic.org.au

Parish Office

2 King Street, MANLY VALE 2093 NSW AUSTRALIA
P 02 9949 4455 E office@nhcatholic.org.au W www.bbcatholic.org.au/northharbour

Office Hours

9.00am to 4pm (Tuesday to Friday)

Churches

Church of St Cecilia Wanganella St and White St, Balgowlah 2093 NSW
Church of St Kieran 2 King St, Manly Vale 2093 NSW

Parish Staff

Parish Priest: Fr Michael Belonio, OSA E pp@nhcatholic.org.au
Asst Priest: Fr Jumbim Torres, OSA E jtorres@nhcatholic.org.au
Asst Priest: Fr John Zhang E jzhang@nhcatholic.org.au
Bookkeeper: Valerie Buono E accounts@nhcatholic.org.au (Thu)
Parish Secretary: Jane Filacuridi E office@nhcatholic.org.au (Tue, Wed)
Parish Secretary: Anne Ross E office@nhcatholic.org.au (Thu, Fri)
Catechists, Family & Sacramental Ministries: Ursula Halloway M 0450 101 767 E families@nhcatholic.org.au
Media & Communications: Sophie Taylor E comms@nhcatholic.org.au
Music Ministry: Marianne Kaw-Deveza E music@nhcatholic.org.au

Resident Priests

Fr Minh-Tan Hoang, OSA E minhtanhoang@yahoo.com.au (Chaplain, St. Augustine's College, Brookvale)
Fr Peter Jones, OSA E peter.jones@osa.org.au (Prior Provincial)
Fr Paul Maloney, OSA E paulmal@bigpond.com (Retired)
Fr John McCall, OSA E jmcosa@bigpond.net.au (Retired)
Fr Abel van der Veer, OSA E vabelvanderveer@gmail.com (Retired)
Fr Senan Ward, OSA E senanward@bigpond.com (Chaplain, St. Augustine's College, Brookvale)

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Thank you!



North Harbour
PARISH

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